



Abertillery & Llanhilleth Community Council

ABERTILLERY & LLANHILLETH COMMUNITY COUNCIL: **LONELINESS PROJECT APPLICATION 25/26**

The Covid-19 pandemic not only segregated families and friends for months on end, it also highlighted the dire need to combat isolation in our communities.

Many people were left with anxiety about mixing socially and some are still afraid to go out and about. Still more have lost the opportunity to connect with others because established clubs, societies and social events did not resume. Post pandemic there is a massive need for us all to focus on mental health and well-being, and combatting isolation in its many forms.

The People and Communities Committee at ALCC have set up the loneliness project in response to this.

The aim of the project is to provide resources and facilitate opportunities for community groups and businesses alike, by creating a forum and means for them to network and collaborate towards the common goal of combating the detrimental effects of loneliness and isolation suffered by people throughout our communities.

This application form is for local businesses and other groups/organisations who are keen to give back and support their communities; assist and facilitate community-based activities and projects; and enable those affected to have more active roles in their communities and participate in society with their peers.

Whilst we want to support activities that bring people together face-to face in a safe and secure way, funding can also be used to support online activities where this is the most appropriate, or only, way to build social connections e.g., where access to a venue is difficult or for those not quite ready to meet people face-to-face.

Please ensure that you complete the application form in full and make sure we have all your details.
Please attach a brief cover letter explaining about the work your organisation does or is proposing to do.

Name of Applicant:	[REDACTED]
Name of organisation:	K-Style
Name of project (if different from above)	
Geographical area of project (please give details of the area it will cover i.e. county, town, community)	Town / Community Abertillery, Blaenau Gwent.
Name of main contact:	[REDACTED]
Address:	[REDACTED]
Post code	[REDACTED]
Email:	[REDACTED]
Daytime telephone number	[REDACTED]

Type of Organisation (please tick):

Constituted group	Date established; 01/01/2024	
Registered charity	Date established;	Charity no:
Community interest company	Date established;	Cic no:
Company limited by guarantee	Date established;	Company no:

Grants are usually paid by cheque. Please provide your organisation's name as it appears on the account.

Account Name:	K STYLE
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APPLICATION DETAIL

Tell us briefly what work you are currently undertaking, or proposing, to support people in your area who are impacted by loneliness and isolation. How many do you think will be impacted by this project?

We are looking to purchase a ring for our gym so it can help our students compete in an interclub, something that is needed before competitions as preparation. There is not one venue that holds interclubs in Wales, we usually have to travel 3-4 hours to attend one, and with over 100 students not having travel access, we only have a handful attend these events.

If we held our own interclub, it could bring in a profit of £600-£800 per interclub, which we would hold every few weeks, so our club could then continue to support the students who are on scholarship programmes with us and also improve our gym. This could also bring heavy footfall on a Sunday to Abertillery town for other shops and restaurants to also make a profit. Our main target is to help students who don't have the support from their home background to take part in these and feel a sense of achievement.

How is this grant going to create, maintain or increase these activities?

The grant will enable us to hold interclubs, as we will be able to purchase a ring.

Who is the main focus of your activity (i.e., older people, families in need, carers)?

Children, adults, families, students of bereavement and vulnerable children/adults.

Do you have necessary insurances in place to ensure the safety of your volunteers? Please give brief details of your insurance cover.

Yes, all our volunteers are now official coaches that we just funded when they were graded and certified, so all of us are insured.

Financial Details:

Please give a breakdown of the items/costs you are applying for funding for:	
Ring	£4650
Total grant amount being requested:	£4650

You will be expected to be able to evidence costs itemised above (e.g., quotations, invoice, on line quotation).

You may also be asked to complete a brief monitoring report and be able to provide evidence of the expenditure of the grant for the purposes applied for (e.g., receipts, bank statement, paid invoice)

Signatures (if you are completing the form electronically, type the word 'SIGNED' in capital letters in the signature box)

Applicant (authorised to make the application on behalf of the organisation)	Date
Name (printed)	19/09/2025
Signature	19/09/2025

Once completed, please return this form via email to either email addresses below with subject title "Loneliness Project" to:

clerk@abertilleryandllanhilleth-wcc.gov.uk

Joshua.rawcliffe@abertilleryandllanhilleth-wcc.gov.uk

Paper copy applications can be returned to:

Abertillery and Llanhilleth Community Council, Council Offices, Mitre Street, Abertillery, Blaenau Gwent, NP13 1AE