



Be Part of our
Blaenau Gwent
Community Wellbeing
Hub Network

WHAT YOU GET:



Support to promote your groups & settings through our fb page ([BlaenauGwentWellbeingFriends](#)) and wellbeing friends distribution list



Registration on our BG Interactive Map



Access to wellbeing information, funding & training via our regular mail outs



Opportunities for networking & to be kept up to date through our quarterly BG IWN Networking Meetings



Visits to your settings to speak with community members, hold community conversations, share information & wellbeing awareness sessions



Introduction to other partners, pooling resource, knowledge & experience for collaborative projects

To get involved contact
Rosalin.williams@wales.nhs.uk



IWN



Blaenau Gwent Integrated Wellbeing Network, known as IWN sits within the Gwent Public Health Team. The programme is currently government funded through the Regional Integrated Fund (RIF)

Part of the work of the IWN was to establish a community wellbeing hub network in the towns of Brynmawr & Tredegar, made up of community settings with an active footfall of community citizens, these were initially chosen based around the new Health & Wellbeing Centres.

IWN then expanded its reach into Nantyglo & Blaina and are now focusing on the Ebbw Fach Valley.

Last year IWN attended a meeting with council members to see how we could replicate the approach in the Llanhilleth & Abertillery Town Council areas.

IWN asked if any members of the council would be interested in supporting the initiative.

Two representatives came forward.

(BG Community Wellbeing Hub Network)

Current settings 16 Tredegar, 2 Ebbw Vale, 12 Brynmawr, 8 Nantyglo, 9 Blaina, 0 Bournville, 5 Abertillery, 1 Cwmtillery, 2 Sixbells, 2 Brynithel, 3 Llanhilleth/Aberbeeg, 1 Swffryd 59 in total

Progress -

A number of initial meetings were held to explain the process & steps.

CIO initially mapped potential settings re contact.

Crib sheet designed for conversation with settings re our offer.

CIO visits, signed up 14 settings to date.

Next steps/ask of Town Council

The CIO has limited capacity to cover all identified areas within the IWN programme.

Re Ebbw Fach Valley...

Ask!

Identified council representatives - support CIO with sourcing/mapping of community settings and visits to encourage sign up to the BG Community Wellbeing Hub Network and our BG Community Interactive Map.



IWN